

52 Uplifting Bible Verses

The Scriptures below were very helpful to Linda Pesavento (based in Wollongong) when her son went through cancer (leukaemia) at a young age. Linda wrote the book "KEEP WALKING" (published in 2006), which "*encourages you to face the challenges of your own life with faith, courage and joy.*" 52 Bible verses (one for each week of the year) were specifically taken from her book, with her permission, based on the 8 book chapters (see headings below). The Scripture quotations are from NLT - New Living Translation (unless otherwise indicated).

Walk with Purpose

1. "For this reason I also suffer these things, nevertheless, I am not ashamed, for I KNOW WHOM I HAVE BELIEVED and not persuaded that He is able to keep what I have committed to Him until that Day." 2 Timothy 1 Verse 12 (NKJ -New King James)
2. "Can anything ever separate us from Christ's love? Does it mean He no longer loves us if we have trouble or calamity, or are persecuted, or are hungry or cold or in danger or threatened with death? (Even the Scriptures say, "For your sake we are killed every day; we are being slaughtered like sheep"). No, despite all these things, overwhelmingly victory is ours through Christ, who loved us. And I am convinced that nothing can ever separate us from His love." Romans 8 Verse 35-37
3. "Humanly speaking, it is impossible. But with God everything is possible."

Matthew 19 vs. 26
4. "Only be strong and very courageous, that you may observe to do according to all the law which Moses My servant commanded you; do not turn from it to the right hand or to the left, that you may prosper wherever you go." Joshua 1 vs. 7
5. "Where there is no vision, the people are unrestrained, but happy is he who keeps the law." Proverbs 29 vs. 18 (NAS - New American Standard)

Walk with Faith

6. "By faith Abraham, when called to go to a place he would later receive his inheritance, obeyed and went, even though he did not know where he was going."

Hebrews 11 vs. 8
7. "Faith is being sure of what I hope for and certain of what I do not see."

Hebrews 11 vs. 1
8. "So then faith comes by hearing, and hearing by the word of God." Romans 10 vs. 17
9. "Trust in the LORD with all your heart; do not depend on your own understanding. Seek His will in all you do, and He will direct your paths." Proverbs 3 vs. 5-6

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10. “Don’t copy the behaviour and customs of this world, but let God transform you into a new person by changing the way you think. Then you will know what God wants you to do, and you will know how good and perfect His will really is.” Romans 12 vs. 2

11. “Death and life are in the power of the tongue, and those who love it will eat its fruit.” Proverbs 18 vs. 21 (NKJ – New King James)

12. “So also, the tongue is a small thing, but what enormous damage it can do ... Sometimes it praises our Lord and Father, and sometimes it breaks out into curses against those who have been made in the image of God. And so blessing and cursing come pouring out of the same mouth. Surely, my brother and sisters this is not right! Does a spring of water bubble out with both fresh water and bitter water?” James 3 vs. 5, 10, 11

13. “A good man out of the good treasure of his heart brings forth good; and an evil man out of the evil of his heart brings forth evil. For out of the abundance of the heart his mouth speaks.” Luke 6 vs. 45

14. “And anyone who calls on the name of the LORD will be saved.” Joel 2 vs. 32

15. “For the Word of God is living and powerful, and sharper than any two-edged sword, piercing even to the division of soul and spirit, and joints and marrow, and is a discerner of the thoughts and intents of the heart.” Hebrews 4 vs. 12 (NKJ - New King James)

16. “It is the same with My Word. I send it out, and it always produces fruit. It will accomplish all I want it to, and it will prosper everywhere I send it.” Isaiah 55 vs. 11

17. “Dear brothers and sisters, what’s the use of saying you have faith if you don’t prove it by your actions? That kind of faith can’t save anyone ... You see, he was trusting God so much that he was willing to do whatever God told him to do. His faith was made complete by what he did - by his actions.”

James 2 vs. 14 & 22 (referring to Abraham when he offered his son, Isaac at the altar)

Walk with Courage

18. "Be strong and courageous! Do not be afraid or discouraged. For the LORD your God is with you wherever you go." Joshua 1 vs. 9
19. "No one will be able to oppose you as long as you live, for I will be with you just as I was with Moses; I will not abandon you or fail to help you." Joshua 1 vs. 5
20. "Who shall separate us from the love of Christ? Shall tribulation, or distress, or persecution, or famine, or nakedness, or peril, or sword? ...Yet in all these things we are more than conquerors through Him who loved us." Romans 8 vs. 35-37
21. "I can do all things through Christ who strengthens me." Philippians 4 vs. 13
22. "Since God assured us, "I'll never let you down, never walk off and leave you."
Hebrews 13 vs. 5 (The Message)

Walk with Patience

23. "For since the world began, no ear has heard, and no eye has seen a God like you, who works for those who wait for Him!" Isaiah 64 vs. 4
24. "I waited patiently for the LORD to help me, and He turned to me and heard my cry."
Psalms 40 vs. 1
25. "He lifted me out of the pit of despair, out of the mud and the mire. He set my feet on solid ground and steadied me as I walked along. He has given me a new song to sing, a hymn of praise to our God. Many will see what He has done and be astounded. They will put their trust in the LORD." Psalms 40 vs. 2,3
26. "My brethren, count it all joy when you fall into various trials knowing that the testing of your faith produces patience. But let the patience have its perfect work, that you may be perfect and complete, lacking nothing." James vs. 1-2 (NKJ - New King James)
27. "And I pray that Christ will be more and more at home in your hearts as you trust in Him. May your roots go down deep into the soil of God's marvellous love. And may you have the power to understand, as all God's people should, how wide, how long, how high, and how deep His love really is." Ephesians 3 vs. 17, 18
28. "Don't worry about anything; instead, pray about everything. Tell God what you need, and thank Him for all He has done. If you do this, you will experience God's peace, which is far more wonderful than the human mind can understand. His peace will guard your hearts and minds as you live in Christ Jesus." Philippians 4 vs. 6, 7

Walk with Joy

29. “.... do not be dejected and sad, for the joy of the LORD is your strength.”
Nehemiah 8 vs. 10
30. “I will praise the LORD at all times. I will constantly speak His praises. I will boast only in the LORD; let all who are discouraged take heart. Come, let us tell of the Lord’s greatness; let us exalt His name together Oh, the joys of those who trust in Him! Let the Lord’s people show Him reverence, for those who honour Him will have all they need. Even strong young lions sometimes go hungry, but those who trust in the LORD will never lack any good thing.” Psalm 34 vs. 2, 8-10
31. “We pray that you’ll have the strength to stick it out over the long haul - not the grim strength of gritting your teeth but the glory-strength God gives. It is strength that endures the unendurable and spills over into joy.” Colossians 1 vs. 11 (The Message)
32. “These things I have spoken to you, that in Me you may have peace. In the world you will have tribulation; but be of good cheer, I have overcome the world.” John 16 vs. 33
33. “For God has said, “I will never fail you. I will never forsake you.” That is why we can say with confidence, “The Lord is my helper, so I will not be afraid. What can mere mortals do to me?” Hebrews 13 vs. 5, 6
34. “Now that we know what we have - Jesus, this great High Priest with ready access to God - let’s not slip it through our fingers. We don’t have a priest who is out of touch with our reality. He’s been through weakness and testing, experienced it all - all but the sin. So let’s walk right up to Him and get what He is so ready to give. Take the mercy, accept the help.”
Hebrews 4 vs. 14-16 (The Message)
35. “Those who live in the shelter of the Most High will find rest in the shadow of the Almighty. This I declare of the LORD: He alone is my refuge, my place of safety; He is my God, and I am trusting Him. If you make the LORD your refuge, if you make the Most High your shelter, no evil will conquer you; no plague will come near your dwelling. For He orders His angels to protect you wherever you go. They will hold you with their hands to keep you from striking your foot on a stone.The LORD says “I will rescue those who love me. I will protect those who trust in My name. When they call on Me, I will answer; I will be with them in trouble. I will rescue them and honour them. I will satisfy them with a long life and give them My salvation.” Psalm 91 (parts)
36. “A joyful heart is good medicine”. Proverbs 17 vs. 22

Walk in Partnership

37. “Just as our bodies have many parts and each part has a special function, so it is with Christ’s body. We are all parts of His one body, and each of us has different work to do. And since we are all one body in Christ, we belong to each other, and each of us needs all the others.” Romans 12 vs. 4,5

38. “A person standing alone can be attacked and defeated, but two can stand back-to-back and conquer. Three are even better, for a triple-braided cord is not easily broken.”

Ecclesiastes 4 vs. 12

39. “And when two or three of you are together because of me, you can be sure that I’ll be there.” Matthew 18 vs. 20 (The Message)

Walk with God

40. “I am the Alpha and the Omega, the First and the Last, the Beginning and the End”.

Revelation 22 vs. 13

41. “It’s in Christ that we find out who we are and what we are living for. Long before we first heard of Christ and got our hopes up, He had His eye on us, had designs on us for glorious living.” Ephesians 1 vs. 11

42. “Long ago, even before He made the world, God loved us and chose us in Christ to be holy and without fault in His eyes. His unchanging plan has always been to adopt us into His own family by bringing us to Himself through Jesus Christ. And this gave Him great pleasure. So we praise God for the wonderful kindness He has poured out on us because we belong to His dearly beloved Son.” Ephesians 1 vs. 4-6

43. “Long ago the LORD said to Israel: “I have loved you, my people, with an everlasting love. With unfailing love I have drawn you to Myself.” Jeremiah 31 vs. 3

44. “This is real love. It is not that we loved God, but that He loved us and sent His Son as a sacrifice to take away our sins.” 1 John 4 vs. 10

45. “My grace is enough; it’s all you need. My strength comes into its own in your weakness”. Once I heard that, I was glad to let it happen. I quit focussing on the handicap and began appreciating the gift. It was a case of Christ’s strength moving in on my weakness. Now I take limitations in stride, and with good cheer, these limitations that cut me down to size - abuse, accidents, opposition, bad breaks. I just let Christ take over! And so the weaker I get, the stronger I become.” 2 Corinthians 12 vs. 9-10 (The Message)

46. “The name of the LORD is a strong fortress; the godly run to Him and are safe.”

Proverbs 18 vs. 10

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47. "Like an open book, You watched me grow from conception to birth; all the stages of my life were spread out before You, the days of my life all prepared before I'd even lived one day." Psalm 139 vs. 16 (The Message)

48. "For we are His workmanship, created in Christ Jesus for good works, which God prepared beforehand that we should walk in them." Ephesians 2 vs. 10

49. "For I know the plan I have for you," says the LORD. "They are plans for good and not for disaster, to give you a future and a hope." Jeremiah 29 vs. 11

50. "If we are unfaithful, He remains faithful, for He cannot deny Himself."

2 Timothy 2 vs. 10

51. "For everything, absolutely everything, above and below, visible and invisible, rank after rank after rank of angels - everything got started in Him and finds its purpose in Him. He was there before any of it came into existence and holds it all together right up to this moment." Colossians 1 vs. 16,10 (The Message)

Still Walking

52. "When I think of the wisdom and scope of God's plan, I fall to my knees and pray to the Father, the Creator of everything in heaven and on earth. I pray that from His glorious, unlimited resources He will give you mighty inner strength through His Holy Spirit. And I pray that Christ will be more and more at home in your hearts as you trust in Him. May your roots go down deep into the soil of God's marvellous love. And may you have the power to understand, as all God's people should, how wide, how long, how high, and how deep His love really is. May you experience the love of Christ; though it is so great you will never fully understand it. Then you will be filled with the fullness of life and power that comes from God. Amen." Ephesians 3 vs. 14-19